

# TE TOMOKANGA APPROPRIATE CHILD AND ADOLESCENT MENTAL HEALTH SERVICES FRAMEWORK MAORI CAREGIVERS PERSPECTIVES

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## Rationale

Currently one of the greatest reported health risks for Maori is the high prevalence of mental health disorders.

Mental health services placed in culturally sensitive environments are believed to increase positive client experiences

Positive CAMHS contact for parents is more likely to influence ongoing dealings with the service and therefore better health outcomes.





## Methodology

#### Aim

To Investigate the acceptability of CAMHS access and delivery to young Maori according to their whanau – Best practice model

#### Recruitment

50 Caregivers (two cohorts) recruited from the six participating CAMHS in the Midland Health Region

#### Results

Contribute to a conceptual development of a CAMHS best practice model which aligns with the traditional *Pōwhiri* process of engagement and Participation, particularly the components of *Karanga*, *Mihimihi*, *Whaikōrero* and *Koha*.





## Karanga



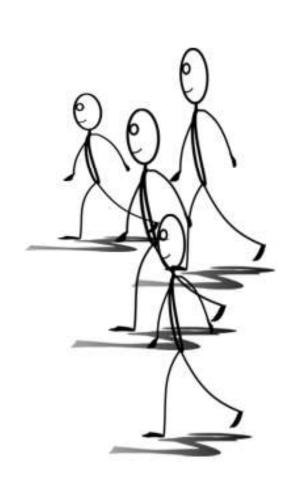






## Mihimihi









# Whaikorero







## Koha









### CONCLUSION

• CAMHS BEST PRACTICE WITH MAORI

McClintock, K.K., Moeke-Maxwell T.,

Mellsop, G., (2011). Appropriate Child and

Adolescent Mental Health Services: Māori

Caregiver's Perspectives Pimatisiwin: A

Journal of Aboriginal and Indigenous

Community Health 9 (2) 387 - 398

#### EVALUATION TOOL

McClintock, K.K., Moeke-Maxwell T., Frampton, C., Mellsop, G., (2012). Pilot of Te Tomokanga, A Child and Adolescent Mental Health Service (CAMHS) Evaluation Tool for An Indigenous Population International Indigenous Policy Journal 3 (1) Retrieved From:http://ir.lib.uwoc.ca/iipj/vol3/issl/5.

