Te Tomokanga
Appropriate
Child and Adolescent
Mental Health Services Framework
Maori Caregivers Perspectives

Prepared by
Dr Kahu McClintock
Te Rau Matatini
2013
Rationale

Currently one of the greatest reported health risks for Maori is the high prevalence of mental health disorders.

Mental health services placed in culturally sensitive environments are believed to increase positive client experiences.

Positive CAMHS contact for parents is more likely to influence ongoing dealings with the service and therefore better health outcomes.
Methodology

Aim
To Investigate the acceptability of CAMHS access and delivery to young Maori according to their whanau – Best practice model

Recruitment
50 Caregivers (two cohorts) recruited from the six participating CAMHS in the Midland Health Region

Results
Contribute to a conceptual development of a CAMHS best practice model which aligns with the traditional Pōwhiri process of engagement and Participation, particularly the components of Karanga, Mihimihi, Whaikōrero and Koha.
Karanga
Mihimihi
Whaikorero
Koha
Conclusion

• CAMHS Best Practice with Maori

• Evaluation Tool