Te Tomokanga
A CAMHS Evaluation Tool
For An Indigenous Population

Dr Kahu McClintock
Te Rau Matatini
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Background

There is a lack of an CAMHS evaluation tool able to take account of the more holistic approach to the attainment of mental health that characterises a Maori world.
Methodology

Aim
• Survey construct validation
  Youth Services Survey for Families (YSS-F – 21) modification
  Te Whare Tapa Wha inclusion

• Pilot Survey
  Caregivers of children who had accessed the six CAMHS (three service types) in the Midland Health Region

Participants
• Survey completed by 168 Caregivers recruited from the six participating CAMHS
Results

<table>
<thead>
<tr>
<th>Validity and Reliability</th>
<th>Alpha</th>
</tr>
</thead>
<tbody>
<tr>
<td>(7) Whanau Involvement</td>
<td>0.88</td>
</tr>
<tr>
<td>(5) Satisfaction with services</td>
<td>0.69</td>
</tr>
<tr>
<td>(4) Access (Convenience)</td>
<td>0.71</td>
</tr>
<tr>
<td>(2) Cultural sensitivity</td>
<td>0.84</td>
</tr>
<tr>
<td>2) Satisfaction with Intersector Collaboration</td>
<td>0.38</td>
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</tbody>
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**Survey**

Satisfaction with CAMHS delivery was associated with whānau involvement and the importance of culture and spirituality.
Conclusion

• Te Tomokanga is a cultural responsive tool for continuous service improvement and quality CAMHS provision for Maori

• Utilised with Te Tomokanga Framework of engagement and participation: Caregivers perspectives

• Need for Rangatahi perspectives
References

• Evaluation Tool

• CAMHS Best Practice with Maori